

Selenium 3X

Synonyms: Selenium. A non-metallic element like sulphur. Se (Atomic weight 79.5)

Source: Found in association with Sulphur in some localities.

Preparation: triturations are prepared from the element with sugar of milk.

Proved by Dr. Constantine Hering.Spheres of action:

Guiding symptoms/Indications:

1. Extreme debility; increases with the heat of the atmosphere, wants to lie down and sleep.
2. Complaints are worse after tea, particularly the headache (Aesc., China, Ferr. met., Thuja).
3. Weakness following prolonged fever.
4. Strong desire for alcoholic drinks and stimulants.
5. Emaciation of affected parts (Graph., Led. p., Puls.).
6. Falling of hair from scalp, beard, and genitalia in patches.
7. Involuntary emission of prostatic fluid during straining at stool, sleeping, sitting.
8. Very forgetful, but dreams of what he had forgotten in the half-asleep condition. Dreads mental exertion.
9. Lt. sided headache worse afternoon, tea, wine.
10. Coryza ending in diarrhoea.
11. Ravenous hunger at night. Gastric complaints after tea and wine; constipation. dry, hard, impacted, has to be removed mechanically; after typhoid.
12. Red, scanty urine, in drops with enlarged prostate.
13. Increased sexual desire with physical impotency. (Con., Phos.). Erection, slow, deficient, with rapid ejaculation of semen.
14. Chronic hoarseness of singers and public speakers. (Alum., Aur. t., Arg. nit.).

15. Itching scaly eruptions on palms worse in summer.

16. Modalities : worse : Walking in open air, tea, lemonade, hot days, sexual excess, after sleep.
Better : After sun set, cold.

Particulars:

Mind.--Lascivious thoughts, with impotency. Mental labor fatigues. Extreme sadness. Abject despair, uncompromising melancholy.

Head.--Hair falls out. Pain over left eye; worse walking in sun, strong odors and tea. Scalp feels tense. Headache from tea drinking.

Throat.--Incipient tubercular laryngitis. Hawking and raising transparent lumps of mucus every morning. Hoarseness. Cough in morning, with expectoration of bloody mucus. Hoarseness of singers. Much clear, starchy mucus (Stann).

Stomach.--Desire for brandy and other strong drink. Sweetish taste. Hiccough and eructations after smoking. After eating, pulsation all over, especially abdomen.

Abdomen.--Chronic liver affections; liver painful, enlarged, with fine rash over liver region. Stool constipated, hard and accumulated in rectum.

Urinary.--Sensation in the tip of urethra as if a biting drop were forcing its way out. Involuntary dribbling.

Male.--Dribbling of semen during sleep. Dribbling of prostatic fluid. Irritability after coitus. Loss of sexual power, with lascivious fancies. Increases desire, decreases ability. Semen thin, odorless. Sexual neurasthenia. On attempting coition, penis relaxes. Hydrocele.

Skin.--Dry, scaly eruption in palms, with itching, Itching about the ankles and folds of skin, between fingers. Hair falls out from brows, beard, and genitals. Itching about finger-joints and between fingers; in palms. Vesicular eruption between fingers (Rhus; Anac). Seborrhœa oleosa; comedones with an oily surface of the skin; alopecia. Acne.

Extremities.--Paralytic pains in small of back in the morning. Tearing pain in hands, at night.

Sleep.--Sleep prevented by pulsation in all vessels, worse abdomen. Sleepless until midnight, awakens early and always same hour.

Dose and administration: 1 tab 3 to 4 times daily. ½ tab for children.

Side effects: No significant side effect has been observed in proper dosage

Contraindication: There is no known contraindication.

Relationship:

- Remedies that precede well: Calad, Nat m, Staph, Phos ac, Calad and Selen follow well after Agnus c in impotence.
- Incompatible remedy: Chin. (Wine).
- Antidotes: Ign, Puls.

Presentations: 50 tabs (20 gm in PET bottle), 450gm powder in container.