

DP Kohos Capsule

Generic Name	Black cohosh (<i>Cimicifuga racemosa</i>).
Brand Slogan	Natural remedy of menopausal syndrome for women
Composition	Each DP Kohos capsule contains standardized extract of Black cohosh (<i>Cimicifuga racemosa</i>) 40 mg.
Description	DP Kohos capsule is an ideal Women's herbal tonic. It is a special preparation of standardized extract of Black Cohosh rhizome and root. DP Kohos capsule is a time-tested herbal medicine in the treatment of premenstrual & menopausal syndromes. It is proven to be effective, safe and well tolerated. It has been found that estrogen-like compounds in black cohosh to milder menopausal symptoms, as the major problem for women going through menopause is the stark drop in estrogen levels. The use of black cohosh to a reduction in hot flashes and night sweats for menopausal women, as well as lowered levels of stress and tension throughout the day. One of the earliest known uses of black cohosh was as an anti-spasmodic, which helps muscles and nerves function normally, preventing cramping and aching pains. This anti-spasmodic activity of black cohosh's active ingredients is coupled with natural analgesic and anti-inflammatory abilities, which does make black cohosh a one-stop herb for many aches and pains related with injury, muscle strain, chronic nervous tension, and other mild conditions. The natural analgesic quality of black cohosh lends itself to plenty of pain-reducing applications, but it is particularly popular for women who have painful menstrual cycles and for women who are undergoing painful labor contractions. Furthermore, it is often administered when contractions are weak and labor is developing slowly. It is a healthy way to stimulate contractions and speed up the birthing process, which reduces the risks of labor and delivery. Black cohosh has a powerful impact on the hormonal balance of the body, as evidenced by its common use for menopausal and menstrual issues, but that hormonal potency also makes black cohosh useful for regulating mood and stress. If you suffer from mood swings or unpredictable bouts of depression, black cohosh can help regulate the release of hormones in the body and keep your mental state a bit more stable. Black cohosh is also useful for managing unpredictable periods. It can stimulate menstrual bleeding and ease uterine tension, which reduces cramping during periods. For pregnant women, black cohosh also strengthens uterine muscle tone, thereby helping to prevent miscarriage or premature delivery.

	Vaginal dryness is another common symptom of menopause and close to one out of every three women experiences it while going through "the change." And it becomes even more common after menopause. Vaginal dryness also can occur at any age from a number of different causes. It may seem like a minor irritation. But the lack of vaginal moisture can have a huge impact on your sex life. Fortunately, several treatments are available to relieve vaginal dryness. Aside from all of the other benefits of black cohosh, it is also a natural sedative. For people who suffer from chronic anxiety, stress, insomnia, or non-restful sleep, black cohosh is often recommended, as it can deliver long, undisturbed, restful sleep and get people back onto a normal sleeping schedule. That being said, black cohosh should not be taken in conjunction with other sleep aids, as the natural components are quite potent and complications could occur.
Indication	Menopausal syndromes such as hot flushes, profuse sweating, insomnia, fatigue, anxiety, depression, headache and personality disorders. ● Dryness of Vagina ● Premenstrual discomfort ● Dysmenorrhea
Dosage & Administration	1 capsule daily or as prescribed by the physician.
Side Effects	No significant side-effect has been reported in therapeutic dosage. Over dosage may irritate the nervous system and may cause nausea, vomiting, headache, dizziness, limb pain etc.
Contraindication	DP Kohos Capsule is contraindicated in case of hypersensitivity to the plants.
Use in during pregnancy and lactation	DP Kohos Capsule should not be used in during pregnancy, Lactation mother and children under the age of 12 years.
Storage	Store in a cool and dry place, protect from sunlight. Keep out of reach of children.
Presentation	Each box contains 5x6 capsules in Alu-Alu blister pack.