

Kali Iod 3X

Introduction: Through the vegetative nervous system, it especially affects the mucous membranes, acting more powerfully upon those of the respiratory tract and kidneys. Upon the lymphatic and glandular system, it has a specific and powerful action, closely resembling mercury. Upon the blood it has a disorganizing effect.

Synonyms: Potassium Iodide. Kali hydriodicum. Formula: K1.

Source: It is a chemical salt of Potassium and iodine. It is available at chemists in pure form.

Preparation: Trituration are prepared with sugar of milk up to 3c. Higher potencies are prepared in alcohol.

Proved by: Dr. Hartlaub and Dr. Trinks of Germany. Many toxicological and clinical symptoms are included in Allen's encyclopaedia.

Guiding symptoms/Indications:

1. All the discharges are acrid in nature.
2. Headache: temporal region, supraorbital area, and root of nose; brain feels enlarged. Facial neuralgia with pain in upper jaw.
3. Indicated in sinusitis especially frontal with pain in root of nose. Profuse, acrid, hot, watery, thin discharge from nose. Ozaena with perforated septum.
4. Syphilitic iritis, pustular keratitis and chemosis.
5. Increased salivation with much thirst. Flatulence. Faintness at epigastrium aggravated by cold food and drink and milk.
6. Late and profuse menses with pain, corrosive leucorrhoea.
7. Cough worse in morning with greenish, frothy expectoration, rawness in larynx. Dyspnoea on ascending with pain in heart. Hydrothorax (Merc., Sulph.). Pleural effusion. Cold travels downwards to the chest.
8. Bone pains especially of tibia, sensitive to touch. (Kali b., Asaf.), Rheumatic pain at night and in damp weather. Rheumatism of knees with effusion.

Sciatica worse at night and lying on affected side.

9. Glands enlarged, indurated; rough nodules all over. Tendency to oedematous swelling of different parts.

10. Modalities: worse: warm room, right, damp weather.

Better: Motion, open air.

Particulars:

Mind.--Sad, anxious; harsh temper. Irritable; congestion to head, heat and throbbing.

Head.--Pain through sides of head. Violent headache. Cranium swells up in hard lump. Pain intense over eyes and root of nose. Brain feels enlarged. Hard nodes, with severe pain. Facial neuralgia. Lancinating pain in upper jaw.

Nose.--Red, swollen. Tip of nose red; profuse, acrid, hot, watery, thin discharge. Ozæna, with perforated septum. Sneezing. Nasal catarrh, involving frontal sinus. Stuffiness and dryness of nose, without discharge. Profuse, cool, greenish, unirritating discharges.

Eyes.--Conjunctiva red, injected; profuse lachrymation. Syphilitic iritis. Pustular keratitis and chemosis. Bony tumors of the orbit.

Ear.--Noises in ear. Boring pain in ears.

Stomach.--Saliva increased. Faintness at epigastrium. Cold food and drink, especially milk, aggravate. Much thirst. Throbbing, painful burning. Flatulence.

Female.--Menses late, profuse. During menses uterus feels as if squeezed. Corrosive leucorrhœa, with subacute inflammatory conditions of the womb in young married women. Fibroid tumors, metritis, sub-involution, hypertrophy, 1x or 1 gr crude, 3 times a day.

Respiratory.--Violent cough; worse in morning. Pulmonary œdema. Larynx feels raw. Laryngeal œdema. Awakes choking. Expectoration like soap-suds, greenish. Pneumonia, when hepatization commences. Pneumococcic meningitis. Stitching pains through lungs to back. Asthma. Dyspnœa on ascending, with pain in heart. Hydrothorax (Merc sulph). Pleuritic effusion. Cold travels downward to chest.

Extremities.--Severe bone-pains. Periosteum thickened, especially tibia; sensitive to touch (Kali b; Asaf). Rheumatism; pains at night and in damp weather. Contraction of joints. Rheumatism of

knees with effusion. Pain in small of back and coccyx. Pain in hip, forcing limping. Sciatica; cannot stay in bed; worse at night and lying on affected side. Formication of lower extremities when sitting, better lying down.

Skin.--Purple spots; worse on legs. Acne, hydroa. Small boils. Glands enlarged, indurated. Hives. Rough nodules all over, worse any covering; heat of body intense. Fissured anus of infants. Tendency to œdematous swellings, eyelids, mouth, uvula, etc. Acne rosacea.

Dose and administration: 1 tab 3 to 4 times daily. ½ tab for children.

Side effects: No significant side effect has been observed in proper dosage

Contraindication: There is no known contraindication.

Relationship:

- Remedy that precedes well : merc.
- Remedy that follows well : nit ac.
- Antidotes: aur, hep s, nit ac, ars, chin, rhus t.
- Remedy antidotes: merc, lead poisoning.

Presentations: 50 tabs (20 gm in PET bottle), 450gm powder in container.