

Kali Brom 3X

Introduction: Through the organic nervous system, this remedy especially affects the vascular system, first to produce contraction of the blood vessels in all parts of the system, and second dilatation.

The heart's action is destroyed at a late stage, and its contractions are frequently the only evidence of the vitality of the animal. Acts more satisfactorily in children than in adults. Especially adapted to large persons inclined to obesity. Acne of the face in young fleshy people of gross habits. Painful flushings of the face, at the climacteric.

Synonyms : Potassium Bromide. Formula K Br.

Source : It is a chemical compound of potassium and Bromine. The pure salt is available at chemist shops.

Preparation : Triturations are prepared with sugar of milk. Higher potencies can be prepared in alcohol from 3c trituration.

Proved by: Drs. Hoering and Hermerdinger of Germany in 1833.

Guiding symptoms/Indications:

1. Nervous, restless, cannot sit still, must move about or keep occupied, hands and fingers in constant motion, fidgety hands, fidgety feet, (Zinc.), twitching of fingers.
2. Loss of sensibility in fauces, larynx, urethra, entire body.
Staggering, uncertain gait, feels as if legs were all over the side walk.
3. Co-ordination of muscles (Gels.), nervous, weakness or paralysis of muscles and numbness.
4. Epilepsy : Congenital, syphilitic, tubercular, usually a day or two before menses, at new moon, headache follows attack.
5. Cholera infantum, with reflex irritation of brain, before effusion, first stage of hydrocephalus.
6. Daily colic in infants about 5 A.M. (at 4 P.M. Col., Lyc.).
7. Nervous, cough during pregnancy, dry hard, almost incessant, threatening abortion (Con.).

8. Stammering, slow, difficult speech (Bor., Stram.).

9. Acne simplex, indurata, rosacea, bluish red, pustular on face, chest, shoulders leaves unsightly scars (Carb. an.), in young fleshy persons of gross habits.

Particulars:

Mind: Profound, melancholic delusion; feeling of moral deficiency; religious depression; delusions of conspiracies against him. Imagines he is singled out as an object of divine wrath. Loss of memory. Must do something-move about; gets fidgety (Tarant). Fear of being poisoned (Hyos). Amnesic aphasia; can pronounce any word told, but cannot speak otherwise. Night terrors. Horrid illusions. Active delirium.

Head: Suicidal mania with tremulousness. Face flushed. Numb feeling in head. Brain-fag. Coryza with tendency to extension into throat.

Throat.--Congestion of uvula and fauces. Anæsthesia of fauces, pharynx, and larynx. Dysphagia, especially of liquids (Hyos).

Stomach.--Vomiting, with intense thirst, after each meal. Persistent hiccough (Sulph ac).

Abdomen.--Sensation as if bowels were falling out. Cholera infantum, with reflex cerebral irritation, jerking and twitching of muscles. Green, watery stools with intense thirst, vomiting, eyes sunken. Prostration. Internal coldness of abdomen. Diarrhœa, with much blood. Green, watery stools. Retraction of abdomen.

Urinary.--Sensibility of urethra diminished. Urine profuse, with thirst. Diabetes (Phos ac).

Male.--Debility and impotence. Effects of sexual excesses, especially loss of memory, impaired co-ordination, numbness and tingling in limbs. Sexual excitement during partial slumber.

Female.--Pruritus. Ovarian neuralgia with great nervous uneasiness. Exaggerated sexual desire. Cystic tumors of ovaries.

Respiratory.--Spasmodic croup. Reflex cough during pregnancy. Dry, fatiguing, hacking cough at night.

Extremities.--Fidgety hands; busy twitching of fingers. Jerking and twitching of muscles.

Skin.--Acne of face, pustules. Itching; worse on chest, shoulders, and face. Anæsthesia of skin. Psoriasis.

Sleep.--Restless sleep. Extreme drowsiness. Sleeplessness due to worry and grief and sexual excess. Night terrors. Grinding teeth in sleep. Horrible dreams. Somnambulism.

Dose and administration: 1 tab 3 to 4 times daily. ½ tab for children.

Side effects: No significant side effect has been observed in proper dosage

Contraindication: There is no known contraindication.

Relationship:

- Remedy that precedes well : eug j in acne.
- Antidotes: Camph, helonias, Nux v, Zinc.

Presentations: 50 tabs (20 gm in PET bottle), 450gm powder in container.